

Health & Healing®

Your Definitive Guide to Alternative Health and Anti-Aging Medicine

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AMINOCARE®

A Dietary Supplement Designed by Stanislaw R. Burzynski M.D., Ph.D

Turn on Your Longevity Genes

If you are a long-term subscriber to Health & Healing, you know that I strongly supported Stanislaw Burzynski, MD, PhD, in his many battles with the FDA and other forces that were trying to steal his remarkable cancer therapy and put him in jail. I'm happy to state that this article is not about that battle. Dr. Burzynski has prevailed, the FDA was soundly beaten in court, and there is at least some peace on this particular battlefield. This article is about how his discovery will likely play a role in slowing down the aging process.

D. B's Research Involves Genetic Expression

The initial focus of Dr. Burzynski's research for the past 30 years has been the study of naturally occurring protein fragments, which we will call peptides and how they affect the expression of certain genes particularly those genes involved in cancer.

The peptides used to treat cancer are called antineoplastons. They attack cancer at the genetic level by shutting off oncogenes, the genes that signal cancer cells to divide, and by turning on tumor suppressor genes, which also block cancer growth. Since the cells cannot divide and grow, they simply die.

This discovery of naturally occurring peptides that trigger genetic expression by turning genes off or on will have a profound effect on how we age and how we prevent and treat disease. Let me explain.

The Relationship Between Genes and Aging

Each of us inherited 23 sets of chromosomes from our parents, containing roughly 30,000 genes. These genes, arranged on strands of DNA, direct the production of proteins, hormones, neurotransmitters, enzymes and other substances in the body. In short, genes, like the conductor of an orchestra, direct the production and maintenance of all of the components necessary for life.

Incredibly, only 10 to 20 percent of our genetic "power" is at work at any one time. This is because as we age, more and more of our genes are turned off. Genes are switched off by two mechanisms. First, there is the genetically controlled mechanism associated with growth, development, and aging, even healthy aging.

When you are in your mother's womb, thousands of genes orchestrate our growth in that environment. After birth, these genes are naturally turned off and other genes are activated to give us the appropriate genetic direction for growth and development. Then around age 25, our genes start shutting down. This loss of genetic power continues, as gradual as the aging process, until we die.

Second, lifestyle choices and other stressors also cause genetic shutdown. Smoking, excessive alcohol, obesity, lack of exercise, and poor diet speed up the aging process and bring on early disease, partly because they shut down genetic activity.

The Ultimate Anti-Aging Therapy

Regardless of how genes are turned off, there are peptide triggers that can switch them back on, and that is what Dr. Burzynski discovered. He has developed an oral, over-the-counter gene trigger called Aminocare that facilitates the turning on of genes shut down during the aging process.

He has been giving Aminocare not only to his patients but also to healthy older people who wish to utilize this therapy. Those who have been taking it, have reported substantial improvements in a wide range of areas. Most people report more energy and endurance.

Many note improvements in cholesterol triglycerides, and other markers of cardiovascular disease. Some have a reduction in symptoms of prostate enlargement and enhancement of sexual function. And more than a few report that they seem to have fewer wrinkles.

Equally important is what's going on in the body at more subtle levels. The activation of tumor suppressor genes protects against cancer- no small concern, since 60 percent of all cancers occur in people over age 65. These chemical switches also enhance cellular immunity and confer increased resistance to viral infections and autoimmune disorders. Furthermore, they have beneficial effects on the neurological and gastrointestinal systems.

I take Aminocare myself and have been recommending it to patients as well. I strongly suggest you look into it and consider adding it to your multinutrient regimen.

Recommendations

- Aminocare, which is a mixture of amino acids, amino acid derivatives, and other nutrients, does not require a prescription. It is safe and well tolerated. The suggested dose is two capsules twice a day, taken at mealtime.

References

Burzynski S.R. Gene silencing- a new theory of aging.
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